

“Arabian Tiger” by Tasha (Debra K. Lewis)

Taksim to :48

arms start in touchdown, open out slowly to :07, “discover” audience

:08 slow undulate down and hold in arch, look over left shoulder, arms in masthead position

:14 undulate up to quick ribcage circle to the L

:16 piston shimmy to ribcage up, down, up

:20 snake arms R, L, step forward L, prepare R to step on beat and bring ribcage forward, single upper body undulation with snake arms

:28 Shoulder shimmy with upper body undulation into ribcage up, down, up

:32 slow undulate down and hold in arch, look over left shoulder, arms in masthead position, shimmy to the shivers

:34 undulate up, ribcage undulation, two RC rotations to the L, RC undulation, center to pose

:48 Section A hip snap R, L, pelvis back, up, ribcage up, down, repeat

:55 Drum Sequence

1st 8-- step R, L hip up, shimmy, hips RLRL, reverse undulation

2nd 8-- step L, R hip up, shimmy, hips LRLR reverse undulation

3rd 8-- to the R, 1,2 shoulder shimmy, 3 & 4 ribcage down, up, down, weight back to L, 2 pelvic locks back, reverse undulation, pivot L

4th 8-- to the L, 1,2 shoulder shimmy, 3 & 4 ribcage down, up, down, weight back to R, 2 pelvic locks back, reverse undulation, center yourself

1:12 1st 8-- 3/4 shimmy

2nd 8- 1-3 shimmy, on 4, arms up through center to open out

1:20 Taksim slow undulate down and hold in arch, look over left shoulder, arms in masthead position, shimmy to the shivers

1:26 undulate up to quick ribcage circle to the L, upper body undulation

1:32 hip roll R, L, R (first phrase)

1:38 hip roll L, R, L, R (second phrase)

1:44 step out to the L, large hip circle to the front into (bring in leg) on and a half umi umis

1:48 step out to the R, large hip circle to the front into (bring in leg) one and 3/4 umi umis

1:54 undulate down, reverse undulation up, arms come up parallel to body and open out with shimmy

2:04 Drum Sequence (first 3 8's)

1st 8-- step R, L hip up, shimmy, hips RLRL, reverse und

2nd 8-- step L, R hip up, shimmy, hips LRLR, reverse und

3rd 8-- to the L, 1,2 shoulder shimmy, 3 & 4 ribcage down, up, down, shift weight to L foot, 2 pelvic locks back, reverse und, center

2:16 Section A

Section B step forward R down hip, step center L down hip, step back R down hip, L hip drop, individual figure 8

step forward L down hip, step center R down hip, step back L down hip, R hip drop, individual figure 8

twist hip drop to the front R, L, R, L moving backwards

walk forward L,R,L,R, reverse undulation

this section repeats

2:56 Drum Sequence

1st 8-- step R, L hip up, shimmy, hips RLRL, reverse undulation

2nd 8-- step L, R hip up, shimmy, hips LRLR reverse undulation

3rd 8-- to the R, 1,2 shoulder shimmy, 3 & 4 ribcage down, up, down, weight back to L, 2 pelvic locks back, reverse undulation, pivot L

4th 8-- to the L, 1,2 shoulder shimmy, 3 & 4 ribcage down, up, down, weight back to R, 2 pelvic locks back, reverse undulation, center yourself

5th 8— hip extension and point R, point L, small hip circle turn to L

6th 6— arms modified 4th, back hand to head, twist upper body to audience R hip angled up, up, down down, small hip circle turn to face back

7th 8— hip extension and point R, point L, small hip circle turn to L

8th 8— arms modified 4th, back hand to head, twist upper body to audience L hip angled up, up, down down, small hip circle turn to face audience

9th 8— double hips starting on the right

10th 8— undulate down, up, RC R, L, rib rotation to the L

3:35

11th 8— R hip, hip, L hip up, down, L hip hip, R hip up, down

12th 8— small traveling hip circle to the R, reverse undulation up, RR to the R with small SS, last two accent beats RC up, down

3: 44 Section A

Section B through once, final pose