

“DS Ayoub” by Tasha (Debra K. Lewis)

1st 8-- wait

2nd 8-- four “chicken steps” into place

3rd 8-- 1-4 undulation to the right, on 4 pelvis back
5-8 reverse undulation with shimmy

4th 8-- 1-4 undulation to the left, on 4 pelvis back
5-8 reverse undulation with shimmy

5th and 6th 8's-- hip down R, hip down L, 1/2 rib
rotation L

hip down R, hip down L, 1/2 rib rotation R

hip down R, hip down L, 1/2 rib rotation L

hip down R, hip down L, 1/2 rib rotation R

7th 8-- piston shimmy

8th 8-- R shoulder shimmy, accent R shoulder on 5

9th 8-- L shoulder shimmy, accent L shoulder on 5

10th 8-- SS, ribcage accent on 5

11th 8-- piston shimmy, reverse undulation accent on 5

12th 13th and 14th 8's- scissor step with 3/4 shimmies

15th 8-- piston shimmy with reverse undulation up to
final accent high V