

“DS Super Saidi” by Tasha (Debra K. Lewis)

Wait first 8 counts

A 4-8's

R hip, hip, shoulder accents R, L, R

L hip, hip, shoulder accents L, R, L

R hip, hip, ribcage up, drop, up

L hip, hip, ribcage drop, up, drop

repeat

B :20 4-8's

weight to R, L hip shimmy, accent up, down, up

weight to L, R hip shimmy, accent up, down, up

weight to R, L hip 3 individual circles, twist and twist

weight to L, R hip 3 individual circles, twist and twist

piston shimmy, shoulder tilt R, shoulder accents R, L, R

piston shimmy, shoulder tilt L, shoulder accents L, R, L

piston shimmy, (centered) shoulder accents R, L, R

piston shimmy, ribcage accents up, drop, up

C :50

8 count grapevine to right, step right, cross back left, tap 8

8 count grapevine to left, step left, cross back right, place foot 8

D

weight on the left, R hip hip, drop drop, step on R, circle hips back and around to transfer the weight to the right

L hip hip, drop, drop, step on L, circle hips back and around to transfer weight to the left

repeat D

shimmy to break, hands cross heart, gaze in down and in

D 1:20 Zar sequence

wait four counts, circle head to the right

2nd 8-- circle head to the left

3rd 8-- double head circle to the right 1-4, rest 5-8

4th 8-- double head circle to the left 1-4, rest 5-8

shimmy to end, final accent up