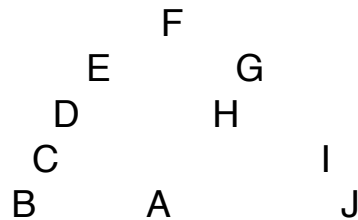


“Spirit” by Tasha (Debra K. Lewis)



taksim: “Whoosh” hands open up and out, dancer F leads an upper body circle to the right five times, then dancers convert to snake arms and use a small running step shimmy to move into place:

C	E	F	G	I	Line 2
B	D	A	H	J	Line 1(front)

last 8-- hop into right hip, 4 count large hip circle to the left, 4 counts shoulder shimmy

MUSICAL PATTERN A

Line 1-- arms in high fourth framing movement

1st 8-- to the R, step together, step together, step together, step touch

2nd 8-- to the L, step together, step together, step together, step touch

3rd and 4th 8's-- arms in second position

R hip step, pivot L hip step, R hip step pivot, L, step repeat

Line 2--arms in second position

1st and 2nd 8's-- R hip step, pivot L hip step, R hip step pivot, L, step repeat

arms in high fourth framing movement

3rd 8-- to the R, step together, step together, step together, step touch

4th 8-- to the L, step together, step together, step together, step touch

5th-8th 8's section A repeats

ACCENT SECTION

ALL-- hands frame umi umi, middle and thumb touch side seams for rib rotations

2-2 count umi umis to L

2-2 count rib rotations to L

2-2 count umi umis to L

1-4 count rib rotation to L with SS

repeat

1 8-count phrase of Chiffitelli: 4-count reverse undulation, 4-count SS

MUSICAL PATTERN B

Line 1 8-8's of:

step releve R, R arm comes up, R hip

step back L, L hip

step center R, hips R L R

step releve L, L arm comes up, L hip

step back R, R hip

step center L, hips L R L

pattern is done 8 times in a slow circle to the left then 8 times moving forward and spreading out [16 total] (make room for Line 2)

Line 2 8-8's of hip snaps starting on R on the beat, 1st-8 large arm circle up, 2nd-8 large arm circle down, repeats, on 8th 8 move forward to spaces in the line, arms to second position

(1) (2) (1) (2) (1) (2) (1) (2) (1) (2)
B C D E A F H G J I

MUSICAL PATTERN C

Line 1 angle left, Line 2 angle right

4-8's (pattern repeats 2 times)

Line 1-- 2-4 count undulations, 8 count SS with demi-plie down and up

Line 2--8 count SS with demi-plie down and up, 2-4 count undulations

repeat

2:25

Line 1 R toe up, Line 2 L toe up, all arms high fourth framing

everyone 2-8's (pattern done once)

hip hip drop drop hip hip drop hip

drop drop hip hip drop drop hip drop

everyone 2-8's (pattern done twice)

2-2 count individual hip circles to the back and 4 drops

repeat

TRANSITION SECTION

everyone jazz arms and jazz 2nd position feet, arms in V, hold 6 counts,
7-8 bring arms to second and feet to jazz first

slow 3/4 starting on the right foot, done 8 times, line 2 moves to the front,
line 1 moves to the back

last 4 counts of last 8, jump into position, 4 count piston shimmy

MUSICAL PATTERN A

Line 2-- arms in high fourth framing movement

1st 8-- to the R, step together, step together, step together, step touch

2nd 8-- to the L, step together, step together, step together, step touch

3rd and 4th 8's-- arms in second position

R hip step, pivot L hip step, R hip step pivot, L, step repeat

Line 1--arms in second position

1st and 2nd 8's-- R hip step, pivot L hip step, R hip step pivot, L, step repeat

arms in high fourth framing movement

3rd 8-- to the R, step together, step together, step together, step touch

4th 8-- to the L, step together, step together, step together, step touch

5th-8th 8's section A repeats

ACCENT SECTION

ALL-- hands frame umi umi, middle and thumb touch side seams for rib rotations

2-2 count umi umis to L

2-2 count rib rotations to L

2-2 count umi umis to L

1-4 count rib rotation to L with SS

repeat

1 8-count phrase of Chiftitelli: 4-count reverse undulation, 4-count SS

MUSICAL PATTERN B

Line 2 8-8's of:

step releve R, R arm comes up, R hip

step back L, L hip

step center R, hips R L R

step releve L, L arm comes up, L hip

step back R, R hip

step center L, hips L R L

pattern is done 8 times in a slow circle to the left then 8 times moving forward and spreading out [16 total] (make room for Line 2)

Line 1 8-8's of hip snaps starting on R on the beat, 1st-8 large arm circle up, 2nd-8 large arm circle down, repeats, on 8th 8 move forward to spaces in the line, arms to second position

(1) (2) (1) (2) (1) (2) (1) (2) (1) (2)
B C D E A F H G J I

MUSICAL PATTERN C

Line 2 angle left, Line 1 angle right

4-8's (pattern repeats 2 times)

Line 2-- 2-4 count undulations, 8 count SS with demi-plie down and up

Line 1--8 count SS with demi-plie down and up, 2-4 count undulations

repeat

Line 2 R toe up, Line 1 L toe up, all arms high fourth framing

everyone 2-8's (pattern done once)

hip hip drop drop hip hip drop hip

drop drop hip hip drop drop hip drop

everyone 2-8's (pattern done twice)

2-2 count individual hip circles to the back and 4 drops

repeat

ACCENT SECTION

ALL-- hands frame umi umi, middle and thumb touch side seams for rib rotations

2-2 count umi umis to L

2-2 count rib rotations to L

2-2 count umi umis to L

1-4 count rib rotation to L with SS

repeat

1 8-count phrase of Chiftitelli: 4-count reverse undulation, 4-count SS

to final pose