

“Water” by Tasha (Debra K. Lewis)

taksim to 1:25 dancers are lined up along the back of the stage unlit, each enters forward with a different slow step into position, two lines

8-8's of rhythm

step R, step L behind, step R, step L behind

snake arm R, L snake arm R, L

1 2 3 4

arms high 1st, pivot to the L, hands to heart, offer

5 6 7 8

Repeat to the L

Repeat entire sequence (total of 4-8's)

R hip back, L hip back, R hip back, L hip back

12 34 56 78

slide ribcage to the R, 1/2 circle to the L, 1 1/2 circles to R, 1 1/2

1 2 3 4 5

circles to L, ribcage undulation

6 7 8

2:00

1-8 plus 4 counts slow piston shimmy, 4 count shoulder shimmy to the right, 3 count shoulder shimmy to the left

on 8, tilt pelvis back

reverse undulation,, arms cross 1st through 5th position, undulate,

1 2 3 4 56

undulate  
78

(8 counts) 4 -2 count undulations

2-8's Arabic Basic 1 foot pattern with hip circle with Alexia arms X 2  
2-8's Arabic Basic 1 foot pattern with reverse figure 8 hips

step R, hip roll L hip      step L, hip roll R hip  
12                                      34

step R, hip roll L hip      bring foot in, tilt pelvis, reverse undulation,  
5    6                                      7                      8

arms to V, shimmy

2:35 1-8 count shimmy

2nd-8 umi umis to the left, near the end of the phrase the leader turns to top diagonal and positions for undulations

9-8 count undulations (ribcage at apex on 4) dancers move into the line with umi umis ends at 3:24

On the 9th undulation, the last two pairs of dancers break off and move across the stage

10th-8 the rest of the dancers break into pairs staggered front and back

3:30

L arms up, hands touching, one full circle, 2-8's undulate down, up,  
12    34

down, up, down, up, repeat  
5    6    7    8

pivot to face each other, stepping into 4th position

SS in, SS out, SS in, SS out, pivot out

12 34 56 78

SS out, SS in, SS out, SS in

12 34 56 78

3:45

lift ribcage, bend and scoop, offer up

1 2 3 4 5678

open arms out, 8 count shimmy pairs split, line 1 moves forward, line two moves backwards

3:55

all do Combo A X2

R hip back, L hip back, R hip back, L hip back

12 34 56 78

2 slow umi umis to the R, R slow 3/4, L slow 3/4, R accent

line 1 arms to up V, line 2 to down V

4:22

1st 8 and 2nd 8-- piston shimmy

5- 8's- step back R, double drop L (1,2)

step back L, double drop R (3,4)

step back R, double drop L (5,6)

step back L, double drop L (7,8)

step forward R with reverse undulation, arms in 2nd

step forward L with reverse undulation, arms in 2nd

step forward R with reverse undulation, arms in 2nd

step back L with reverse undulation, arms in 2nd

8th 8- 4 count large hip circle to the left 4:55, turn, form circle

last 8-8's

cross front R to start grapevine in large circle facing in around the stage,  
4-8's of grapevine

everyone lets go at count 5 of last 8, circle broadens, everyone ends with  
weight on the L, arms on the L

5th-8th 8- leader sends 8 count wave around the circle from L to R  
last dancer sends 8 count wave back around the circle

leader peels off, spins, exits, dancers exit one by one